

Psychological Counseling Service Platform for Foreign Students in China

1. Psychological assistance hotline platform of Central China Normal University of the Ministry of Education

Service time: 18:30-21:30 Beijing time every day.

Method 1: call the psychological assistance hotline

(+86) 1067440033

(+86) 4009678920

Method 2: scan the following two-dimensional code, link the WeChat official account of the Key Laboratory of the Ministry of Education on Youth Network Psychology and Behavior Education, and click the "psychological hotline" in the menu bar to access.



Method 3: scan the wechat applet code below and click "consult now".



2. Public welfare project of Tsinghua University and Beijing Happiness Public Welfare Foundation

Service time: 24 hours. The youth special line is 10:00-22:00 Beijing time every day (24 hours in case of emergency)

Just call the psychological assistance hotline 4000-100-525, and dial "5" for the special line for foreign students.

3. Psychological counseling platform of Beijing Normal University

Service time: 9:00-17:00 Beijing time every day (except legal holidays)

Log on <http://mhs.bnu.edu.cn/case/zxInternshipBrief.do> Or Baidu search: "Mental Health Service Center of Psychology Department of Beijing Normal University"(北师大心理学部心

理健康服务中心) to register and make an appointment.

Please refer to the article for details:

<https://mp.weixin.qq.com/s/2ChGggxSxtC6gaMJyDdnjQ>

Please mark "foreign students in China" in the remarks of the appointment to facilitate the appointment personnel to review in advance through the green channel. If you encounter any problems during the appointment process, you can call 86409146 - transfer 2 to consult the front desk clerk.